

# LIFE Groups: Autumn 2025

## Week 7 - New Identity in Jesus!



### Dead to sin > Alive in Christ!

In his letter to the believers in Rome, Paul describes how faith in Jesus goes deeper than forgiveness of sin to “clean us up” - we actually take on a new identity and start a new, eternal life in Jesus from the moment we believe!

#### 1 - “Check-in” with your Group -

Invite each person to share briefly about how their week is going. Remember that your group is a safe place to share in a supportive community!

#### 2 - Sermon discussion - Consider Pastor Tim’s message from Sunday

- *What points from Sunday’s message spoke to your heart?*

#### 3 - Watch Pastor Scott’s Video #7 on “New Life in Christ”

#### Read Romans 2:28-29 -

- *As Pastor Scott shared in the video, circumcision was understood as the first step in conversion to Judaism and a new identity as a “child of Abraham” a member of the Covenant people of God. How does Paul reinterpret this in the New Covenant through faith Jesus?*

#### “dead to sin, alive in Christ”

#### Read Romans 6:3-7 - Dead to sin...

- *How does Paul describe the way we are freed from slavery to sin?*

#### Read Romans 6:8-11 - ...alive to God!

- *Beyond forgiving our sin, Jesus has now broken the bondage of sin over us! How does this change the way we now live a new life?*

#### Read Romans 6:12-14 - Servants of God!

- *Consider how Paul describes how we live the New Life in Christ - discuss practical ways we can apply these verses...*

#### Spiritual Formation practices...

On the back of this page are charts to guide our focus on spiritual formation practices. How has “Scripture before phone” made a difference? This week we will incorporate intentional prayer habits...

- **Embrace God’s Spirit: Daily - Schedule prayer for 3x each day**
- **Resist the Flesh: During prayer, set aside phone & media**
- **Formation Purpose: Reduce “noise” of the world to hear the Spirit!**

#### Pray together!

- **Pray for each other! Pray that we find victory in God’s Word and connect with Him through prayer!**



Visit the EagleNaz YouTube Channel for more!

Pastor Scott recorded additional brief teaching on Paul and Romans on the “Gospel Seeds” YT Playlist, reviewing current discussions among Bible scholars about Paul, his message, and how Paul’s Jewish background influenced his writings.

This week look for the video called “Gospel Seeds Week 7 - Extra Seeds”!



**LIFE GROUPS**  
DISCIPLESHIP • COMMUNITY • OUTREACH

# 5-Week Romans Reading Chart

Use this chart for your daily Scripture reading...

| Week                          | Day 1                              | Day 2                                 | Day 3                                | Day 4                              | Day 5                                  |
|-------------------------------|------------------------------------|---------------------------------------|--------------------------------------|------------------------------------|----------------------------------------|
| <b>1</b><br><b>10/19-25</b>   | Romans 1:1-17                      | Romans 1:18-32<br>& Genesis 6:5-8     | Romans 2:1-16                        | Romans 2:17-29<br>& Genesis 17     | Romans 3:1-20<br>& Genesis 15          |
| <b>2</b><br><b>10/26-11/1</b> | Romans 3:21-31<br>Acts 15:1-35     | Romans 4:1-25<br>Galatians 3:6-22     | Romans 5:1-21<br>Genesis 3:1-19      | Romans 6:1-23                      | Romans 7:1-25<br>Galatians 3:23-4:7    |
| <b>3</b><br><b>11/2-8</b>     | Romans 8:1-17<br>Galatians 5:16-25 | Romans 8:18-39<br>2 Corinthians 5:1-9 | Romans 9:1-18<br>Exodus 19:1-8       | Romans 9:19-33                     | Romans 10:1-21<br>Deuteronomy 30:11-20 |
| <b>4</b><br><b>11/9-15</b>    | Romans 11:1-24<br>Genesis 12:1-3   | Romans 11:25-36                       | Romans 12:1-21                       | Romans 13:1-14<br>Matthew 22:35-40 | Romans 14:1-23                         |
| <b>5</b><br><b>11/16-22</b>   | Romans 15:1-13<br>Galatians 5:1-6  | Romans 15:14-33<br>Matthew 28:18-20   | Romans 16:1-16<br>Acts 18:1-4, 24-28 | Romans 16:17-27                    | Acts 10:1-35                           |

# Spiritual Formation Practices Chart

As we move from life in the Flesh to new life in the Spirit, these practices support our growth! Let us embrace the Spirit and resist the Flesh, together!

| Week                                                                   | Embrace Life in The Spirit                                                                                         | Resist the Works of the Flesh                                                                                                                         |
|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><b>Scripture;</b><br>Focus over Distraction                | <b>Prioritize God's Word</b> - Scripture before phone; use the Romans reading chart above for a daily reading plan | <b>Resist Distraction</b> - Curate media use to 5 hours per week to reduce distractions and make more space to hear God's voice                       |
| <b>2</b><br><b>Prayer;</b><br>Connect with God over noise of the world | <b>Hear the Lord</b> - Schedule Prayer 3x each day - at least once while kneeling or in a posture of humility      | <b>Unplug</b> - Set phone aside during prayer times, silence notifications, push away the "noise of the world"                                        |
| <b>3</b><br><b>Connection;</b><br>Love God through Loving Others       | <b>Invite Fellowship</b> - One meal a day with others, phones on mute                                              | <b>Resist Isolation</b> - Block out one hour a week for real conversation with a friend or family member, preferably over spiritual things that edify |
| <b>4</b><br><b>Schedule;</b><br>Giving God my time and strength        | <b>Sabbath practice</b> - intentionally ceasing from striving to invite God's renewal for His purposes             | <b>Fast from something for 24-hours</b> - resist using worldly things to fill our souls, relying instead on God's provision                           |
| <b>5</b><br><b>Power of Practices!</b>                                 | <b>Seek to incorporate all 4 this week!</b>                                                                        | <b>Seek to incorporate all 4 this week!</b>                                                                                                           |