

LIFE Groups: Winter 2026

Week 2 - Formed By The Word!



Formed By The Word

We were created in the Image of God, but the World can de-form us. God's Word is powerful to re-form us into what God intended...

1 - "Check-in" with your Group -

Take about 30-45 seconds each to share:

How is your week going?

What Bible passages have been meaningful in your life?

2 - Watch Pastor Scott's Video for True North #2, "Formed By The Word"

Read Genesis 1:26-27 & 2:7 - *Humanity was created in the image of God - formed to represent His presence and nature...*

- *At what point did God bring life to Adam? How was God's Spirit/breath active in his creation?*

Read Romans 12:2 - *The patterns and systems of this earthly world try to de-form us from God's will and purpose for our life, pulling us off course.*

- *How have you experienced the pull of the World? What does it feel like? Why is it so easy to "conformed to the pattern" of this present world?*

Read 2 Timothy 3:14-17 - *Humanity was created in the image of God - formed to represent His presence and nature...*

- *How is the Bible different than any other literature or writings? How does this verse describe the Bible's "inspiration"? How is God's Spirit/breath active in Scripture?*
- ** Discuss in your group how this passage helps us understand the way God's Word undoes the "deforming" power of the World and "reforms" the image of God in our lives!*

If you haven't yet, complete the Spiritual Health Inventory!

Spiritual Formation practices: This week we focus on being formed by The Word! Use the chart on the back of this page to guide your Bible reading - pick up Scripture before phone!

Prayer: Share requests and pray for one another, asking God to reform us in His image, will, and purpose in the weeks ahead!



LIFE GROUPS
DISCIPLESHIP • COMMUNITY • OUTREACH



True North Scripture Readings

Use this chart to guide your time meditating on God's Word...

Week	Day 1	Day 2	Day 3	Day 4	Day 5
1 1/18-24	2 Timothy 3:14-17	John 1:1-5, 1:14	Hebrews 4:12-16	Psalms 119 whole chapter - esp. v 1-3, 9-11, 97-98, 105-108	Proverbs 3:1-12
2 1/25-1/31	Psalms 46	Luke 5:15-16 Mark 1:35 Matthew 14:22-23	Luke 11:1-13 Luke 18:1-8	Isaiah 58	Matthew 6:6-15 Philippians 4:4-7
3 2/1-7	Deuteronomy 6:4-15 Matthew 22:36-40	Psalms 51:10-17 Romans 12:1-2	Colossians 3:12-17	Hebrews 10:19-25	1 Thessalonians 5:14-24
4 2/8-15	Ephesians 4:1-16	Romans 12:3-21	1 Corinthians 12	1 Corinthians 13:1-14:4	Galatians 6:2-10 John 13:34-35
5 2/15-21	Ephesians 5:20-6:4	1 Peter 3:1-17	Matthew 5:1-16	Galatians 5:13-26	Luke 6:27-38

True North Spiritual Formation Practices

Aligning with the Spirit takes intention, and also resisting the pull of the World...

Week / Goals	Align With The Spirit	Resist the Pull of The World
1 Scripture; Be Formed by The Word	Prioritize God's Word - Read Scripture before phone; use the reading chart to align with Scripture at least 5 days this week	Resist Distraction - By reading God's Word before any media, note how it affects your mood, thoughts, and actions
2 Focus; Hearing God over noise of the world	Hear the Lord - Schedule Prayer 3x each day - rising, midday, lying down - at least once in kneeling or a posture of humility	Unplug - Set phone aside during prayer times, silence notifications, push away the "noise of the world" to intentionally "listen" for God's voice
3 Worship; Giving God His Rightful Place	Attitude of Worship - Commit each day to offer God an act of worship with spirit, mind, and body	Resist Isolation - Connect with other believers for corporate worship at least 3x this week
4 Service; Giving God my Time and Strength	Spiritual Gift of Service - Consider what your spiritual gift might be and how you can use it to serve the Church, community, and world	Sacrifice of time - Dedicate a time for service to someone this week (or next) that meets their need - ask the Lord to guide you!
5 Relationships; Love God by Loving Others	Healthy Relationships - Revisit the Healthy Relationships section of your Spiritual Health Inventory - where can you focus this week?	Pray for Others - Is there someone that is hard for you to love? Pray for them, asking God to help you understand their life in a new way.