



LIFE GROUPS

DISCIPLESHIP • COMMUNITY • OUTREACH

FELLOWSHIP ●

BIBLE STUDY ●

PRAYER

Week of July 5, 2026

Sermon: Follow Me
Text: Luke 9:23-26

Jesus never invited people merely to admire Him or believe certain facts about Him. He invited them to follow Him. In Luke 9:23, Jesus describes discipleship as denying ourselves, taking up our cross daily, and following Him. These words challenge us because they call us to surrender our own plans and priorities in order to trust and obey Christ. Yet they are also an invitation to discover the life that is found in Him.

1 – Open/Check-In

When you hear the word "disciple," what comes to mind?
Who is someone whose example has helped you better understand what it means to follow Jesus?

2 – The Word / Luke 9:23–26

What stands out to you in these passages?

3 – Reflect

What do you think it means to "deny yourself" in everyday life?

Why is taking up our cross described as a daily practice rather than a one-time decision?

4 – Respond (Spiritual Formation/Growth)

Is there an area of your life where Jesus may be asking you to surrender your own desires, plans, or preferences?

What is one practical way you can follow Christ more intentionally this week?

5 – Pray Together

Thank God for His invitation to follow Jesus. Ask Him for the courage to deny ourselves, the strength to take up our cross daily, and the faith to follow Christ wherever He leads.